

# HEALTH QUESTIONNAIRE

ANN PITTIER, MD / WENDY GAO, MD

Name: \_\_\_\_\_ Today's date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Please complete and return this form at the time of your appointment. This will be extremely helpful to the doctor. All information is confidential.

CHIEF COMPLAINT: What is your CURRENT most important medical problem?

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Who referred you to this doctor? \_\_\_\_\_

Please list doctors that should receive a copy of this consultation: \_\_\_\_\_

List your primary phone number: \_\_\_\_\_ Permission to leave message? \_\_\_\_\_

Permission to talk to family member about your diagnosis? \_\_\_\_\_

MEDICATIONS: Please list all current medications, vitamins, hormones (prescription and non-prescription).

MEDICATION NAME	DOSAGE (mg, mEq)	How often taken?	How long have you been taking this medication?

Which pharmacy to you use? \_\_\_\_\_

Location of pharmacy \_\_\_\_\_

Please list ALLERGIES to Medication and the associated reaction:

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Health Questionnaire

Flu Shot: Yes/ No

Approximate date \_\_\_\_\_

Pneumonia Shot: Yes/ No

Approximate date \_\_\_\_\_

**MEDICAL HISTORY:** (past and present) \_\_\_\_\_

\_\_\_\_\_

**OPERATIONS:**

Operations	Date	Hospital	Surgeon

**PERSONAL CANCER HISTORY:** \_\_\_\_\_

\_\_\_\_\_

**PREVIOUS RADIATION THERAPY?** YES NO

WHERE	WHEN	WHY	DOCTOR

**PREVIOUS CHEMOTHERAPY?** YES \_\_\_\_\_ NO \_\_\_\_\_

DATE OF YOUR LAST COURSE OF CHEMOTHERAPY? \_\_\_\_\_

**INJURIES:** (fractures, head injury, burns, etc.)

\_\_\_\_\_

**PERSONAL HISTORY:**

Occupation: \_\_\_\_\_

Retired? YES \_\_\_\_\_ NO \_\_\_\_\_

Are you: Single \_\_\_\_\_ Married \_\_\_\_\_ Divorced \_\_\_\_\_ Widowed \_\_\_\_\_

Living with Spouse? YES\_\_\_\_\_ NO\_\_\_\_\_

Do you live with anyone else besides your spouse: (children, parents, significant other)

Names and relationship: \_\_\_\_\_

Education: \_\_\_\_\_

Have you completed a Living Will or advance directive? YES\_\_\_\_\_ NO\_\_\_\_\_

*Typically we do not match genders when providing care. However, if you have special considerations, please let your physician or nursing staff know. We will do our best to meet your needs.*

**DAILY HABITS:**

1: Are you on any special diet? YES\_\_\_\_\_ NO\_\_\_\_\_ If so, what kind of diet? \_\_\_\_\_

2: Do you use alcohol: YES\_\_\_\_\_ NO\_\_\_\_\_ How much? \_\_\_\_\_

3: Past heavy alcohol use? YES\_\_\_\_\_ NO\_\_\_\_\_

4: Have you used recreational or illegal drugs? YES\_\_\_\_\_ NO\_\_\_\_\_

5: Are you at increased risk of HIV or AIDS? YES\_\_\_\_\_ NO\_\_\_\_\_

6: Asbestos exposure? YES\_\_\_\_\_ NO\_\_\_\_\_ WHERE \_\_\_\_\_

7: Chemical exposure? YES\_\_\_\_\_ NO\_\_\_\_\_ WHAT KIND? \_\_\_\_\_

8: Have you ever smoked? YES\_\_\_\_\_ NO\_\_\_\_\_ How much? \_\_\_\_\_

For how many years? \_\_\_\_\_ When did you quit? \_\_\_\_\_

**FAMILY HISTORY:**

Has anyone in your family been diagnosed with cancer? YES\_\_\_\_\_ NO\_\_\_\_\_

If yes, describe how the person is related to you, and what type of cancer, ie, breast, lung, brain, etc. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SYMPTOM REVIEW:**

Do you currently have any of the following problems? Please circle:

**General:**

Recent symptoms of:

- |                      |                                  |
|----------------------|----------------------------------|
| a. chills            | e. fatigue                       |
| b. fever             | f. nervousness                   |
| c. sweats            | g. insomnia, difficulty sleeping |
| d. changes in weight | h. sadness, crying or depression |

Comments: \_\_\_\_\_

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**Cardiovascular:**

- |                 |                                   |
|-----------------|-----------------------------------|
| a. chest pain   | d. cramping in legs when you walk |
| b. palpitations | e. swelling                       |
| c. murmur       | f. abnormal EKG                   |

Do you have a cardiac pacemaker or defibrillator device? YES \_\_\_\_\_ NO \_\_\_\_\_

If yes, what is the manufacturer ID number? \_\_\_\_\_

Comments: \_\_\_\_\_

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**Respiratory:**

- |                        |                                  |
|------------------------|----------------------------------|
| a. cough               | d. short of breath with exertion |
| b. blood tinged phlegm | e. abnormal chest x-ray          |
| c. wheezing            |                                  |

Comments: \_\_\_\_\_

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**Gastrointestinal:**

- |                                |                   |
|--------------------------------|-------------------|
| a. vomiting of blood           | h. diarrhea       |
| b. bloody stools, black stools | i. constipation   |
| c. difficulty swallowing       | j. hemorrhoids    |
| d. jaundice                    | k. nausea         |
| e. gallbladder trouble         | l. heartburn      |
| f. diverticulitis              | m. abdominal pain |
| g. colitis                     |                   |

Comments: \_\_\_\_\_

\_\_\_\_\_

**Genitourinary:**

- |                                     |                       |
|-------------------------------------|-----------------------|
| a. urinary frequency during the day | f. decreased stream   |
| b. urination at night ____ times    | g. blood in urine     |
| c. trouble starting urination       | h. urinary infections |
| d. painful urination                | i. urinary stones     |
| e. urgency                          | j. prostate disease   |
|                                     | k. testicle lumps     |

Comments: \_\_\_\_\_

\_\_\_\_\_

**Metabolic:**

- |                             |                        |
|-----------------------------|------------------------|
| a. heat or cold intolerance | c. excessive thirst    |
| b. goiter                   | d. history of diabetes |

Comments: \_\_\_\_\_

\_\_\_\_\_

**Hematologic:**

- |                       |                           |
|-----------------------|---------------------------|
| a. anemia             | d. easy bruising          |
| b. blood transfusions | e. blood clotting trouble |
| c. bleeding tendency  |                           |

Comments: \_\_\_\_\_

\_\_\_\_\_

**Skin:**

- |                   |                        |
|-------------------|------------------------|
| a. rash           | c. skin trouble/eczema |
| b. changing moles |                        |

Comments: \_\_\_\_\_  
\_\_\_\_\_

**Neurologic:**

- |             |                                                   |
|-------------|---------------------------------------------------|
| a. headache | d. passing out                                    |
| b. stroke   | e. localized weakness or loss of muscle function  |
| c. seizures | f. localized numbness or loss of muscle sensation |

Comments: \_\_\_\_\_  
\_\_\_\_\_

**Musculoskeletal:**

- |              |                 |
|--------------|-----------------|
| a. bone pain | c. broken bones |
| b. arthritis | d. muscle ache  |
|              | e. back pain    |

Comments: \_\_\_\_\_  
\_\_\_\_\_

**GENERAL:**

Any additional information you feel the doctor should know: \_\_\_\_\_  
\_\_\_\_\_

**Women only:**

GYNECOLOGIC:

Is there any possibility you are pregnant? YES \_\_\_\_\_ NO \_\_\_\_\_

Number of pregnancies \_\_\_\_\_

Number of deliveries \_\_\_\_\_

Age at 1<sup>st</sup> menstrual period \_\_\_\_\_

At what age was your 1<sup>st</sup> live child birth \_\_\_\_\_

Health Questionnaire

**Women Only (continued):**

Age at menopause\_\_\_\_\_

Have you had a hysterectomy\_\_\_\_\_ At what age\_\_\_\_\_

Were ovaries removed\_\_\_\_\_

Reason for operation\_\_\_\_\_

Do you have current menopausal symptoms (hot flashes)\_\_\_\_\_

Have you taken Hormone Replacement Therapy \_\_\_\_\_

How many years\_\_\_\_\_

When did you quit\_\_\_\_\_

Do you have a family history of breast or ovarian cancer \_\_\_\_\_

Do you have a first-degree relative with breast or ovarian cancer (mother and/or sisters, daughters)\_\_\_\_\_

Prior to this diagnosis have you ever had a breast biopsy before? \_\_\_\_\_

(For Physician's Use Only)

**KARNOFSKY PERFORMANCE SCORE:** \_\_\_\_\_

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date: